Do you have questions about your health or want advice on how to maintain your well-being?

Let us bring the answers to you!

Aetna has contracted with Matrix Medical Network (Matrix) to offer you a Healthy Home Visit. Your Healthy Home Visit is a convenient appointment with a nationally certified nurse practitioner. The visit is included in your health plan and participation in this program is highly recommended at no extra cost to you!*

The visit can provide you with information about your health and the medications you’re currently taking. We’ll share this information with your primary care physician and specialty care providers. And the best part: You can have the visit in the comfort of your own home.

By working together we can support your efforts to be as healthy as possible. We can also help you manage any health concerns you might have. And, remember, this visit is at absolutely no cost to you.

During the hour-long visit, the nurse practitioner will:

- Review your personal and family health history
- Listen to your current health concerns and needs
- Review your medications and dosages
- Recommend screenings or necessary diagnostic tests
- Suggest available healthy lifestyle resources and community services

Call to Schedule Your Healthy Home Visit Today at 1-888-912-8414!

A Matrix nurse practitioner will be in your area for the next few weeks. To schedule your visit, call Matrix at 1-888-912-8414 (TTY: 711) Monday through Friday, 8 a.m. to 8 p.m.
* This benefit is provided at no cost to you because you are a valuable member of Aetna. You may receive an EOB for services rendered, which will show services covered by Aetna and an out of pocket cost of $0. This assessment in no way changes your plan benefits.

Aetna Medicare is a PDP, HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, provider network, premium and/or co-payments/co-insurance may change on January 1 of each year. See Evidence of Coverage for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location.

NR_0009_4882a 12/2015

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