**Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services**

**University of Maine System: Choice Fund Open Access Plus HSA**

**Coverage Period:** 01/01/2018 - 12/31/2018

**Coverage for:** Individual/Individual + Family | **Plan Type:** OAP

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**The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, go online at www.cigna.com/sp. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-800-Cigna24 to request a copy.

### Important Questions

<table>
<thead>
<tr>
<th>Important Questions</th>
<th>Answers</th>
<th>Why This Matters:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>What is the overall deductible?</strong></td>
<td>For in-network providers: $1,500/individual or $3,000/family For out-of-network providers: $2,500/individual or $5,000/family Combined medical/behavioral and pharmacy deductible per individual applies when the employee is the only individual covered under the plan. Amount your employer contributes to your account: Up to $1,000/individual or $2,000/family.</td>
<td>Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay.</td>
</tr>
<tr>
<td><strong>Are there services covered before you meet your deductible?</strong></td>
<td>Yes. In-network preventive care &amp; immunizations are covered before you meet your deductible.</td>
<td>This plan covers some items and services even if you haven’t yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>.</td>
</tr>
<tr>
<td><strong>Are there other deductibles for specific services?</strong></td>
<td>No.</td>
<td>You don’t have to meet deductibles for specific services.</td>
</tr>
<tr>
<td><strong>What is the out-of-pocket limit for this plan?</strong></td>
<td>For in-network providers $2,500/individual or $5,000/family For out-of-network providers $2,500/individual or $5,000/family Combined medical/behavioral and pharmacy out-of-pocket limit.</td>
<td>The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met.</td>
</tr>
<tr>
<td><strong>What is not included in the out-of-pocket limit?</strong></td>
<td>Penalties for failure to obtain pre-authorization for services, premiums, balance-billing charges, and health care this plan doesn’t cover.</td>
<td>Even though you pay these expenses, they don’t count toward the out-of-pocket limit.</td>
</tr>
</tbody>
</table>
### Important Questions | Answers | Why This Matters:
---|---|---
**Will you pay less if you use a network provider?** | Yes. See [www.myCigna.com](http://www.myCigna.com) or call 1-800-Cigna24 for a list of network providers. | This plan uses a provider network. You will pay less if you use a provider in the plan’s network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider’s charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. 

**Do you need a referral to see a specialist?** | No. | You can see the specialist you choose without a referral. 

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**All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.**

<table>
<thead>
<tr>
<th>Common Medical Event</th>
<th>Services You May Need</th>
<th>What You Will Pay</th>
<th>Limitations, Exceptions, &amp; Other Important Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>If you visit a health care provider’s office or clinic</strong></td>
<td>Primary care visit to treat an injury or illness</td>
<td>10% coinsurance/visit</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Specialist visit</td>
<td>10% coinsurance/visit</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Preventive care/ screening/ immunization</td>
<td>No charge/visit** No charge/screening** No charge/immunizations**</td>
<td>30% coinsurance/visit 30% coinsurance/screening 30% coinsurance/immunizations</td>
</tr>
<tr>
<td><strong>If you have a test</strong></td>
<td>Diagnostic test (x-ray, blood work)</td>
<td>10% coinsurance</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Imaging (CT/PET scans, MRIs)</td>
<td>10% coinsurance</td>
<td>$500 penalty for no precertification.</td>
</tr>
</tbody>
</table>

**Important Information:**
- A deductible does not apply to Preventive care/ screening/ immunization.
- **Deductible** does not apply.
- Includes coverage for sports physicals.
- You may have to pay for services that aren’t preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
## Common Medical Event

### Services You May Need

#### In-Network Provider (You will pay the least)

| Generic drugs (Tier 1)                      | 10% coinsurance/prescription (retail 30 days), 10% coinsurance/prescription (retail 90 days); 10% coinsurance/prescription (home delivery 90 days) |
| Preferred brand drugs (Tier 2)              | 10% coinsurance/prescription (retail 30 days), 10% coinsurance/prescription (retail 90 days); 10% coinsurance/prescription (home delivery 90 days) |
| Non-preferred brand drugs (Tier 3)          | 10% coinsurance/prescription (retail 30 days), 10% coinsurance/prescription (retail 90 days); 10% coinsurance/prescription (home delivery 90 days) |

#### Out-of-Network Provider (You will pay the most)

- Not covered

### Limitations, Exceptions, & Other Important Information

- Coverage is limited up to a 90-day supply (retail and home delivery); up to a 30-day supply (retail) and a 90-day supply (home delivery) for Specialty drugs.
- Certain limitations may apply, including, for example: prior authorization, step therapy, quantity limits.
- Includes coverage for self-administered injectable and optional injectable drugs, contraceptive devices and drugs, lifestyle drugs (limited to sexual dysfunction), insulin pens/cartridges, prescription vitamins, prescription smoking cessation drugs, generic non-sedating anti-histamines and generic ulcer drugs (Proton Pump Inhibitors/PPI). Excludes infertility drugs.

### Facility fee (e.g., ambulatory surgery center)

- 10% coinsurance
- 30% coinsurance
- $500 penalty for no precertification.

### Physician/surgeon fees

- 10% coinsurance
- 30% coinsurance
- $500 penalty for no precertification.

### Emergency room care

- 10% coinsurance

### Emergency medical transportation

- 10% coinsurance

### Urgent care

- 10% coinsurance

### Facility fee (e.g., hospital room)

- 10% coinsurance
- 30% coinsurance
- $500 penalty for no precertification.

### Physician/surgeon fees

- 10% coinsurance
- 30% coinsurance
- $500 penalty for no precertification.

## If you need drugs to treat your illness or condition

More information about prescription drug coverage is available at [www.myCigna.com](http://www.myCigna.com).
<table>
<thead>
<tr>
<th>Common Medical Event</th>
<th>Services You May Need</th>
<th>What You Will Pay</th>
<th>Limitations, Exceptions, &amp; Other Important Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>If you need mental health, behavioral health, or substance abuse services</strong></td>
<td>Outpatient services</td>
<td><strong>In-Network Provider</strong> <em>(You will pay the least)</em>: 10% <strong>coinsurance</strong>/office visit; 10% <strong>coinsurance</strong>/all other services</td>
<td>$500 penalty if no precert of non-routine services (i.e., partial hospitalization, IOP, etc.).</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Out-of-Network Provider</strong> <em>(You will pay the most)</em>: 30% <strong>coinsurance</strong>/office visit; 30% <strong>coinsurance</strong>/all other services</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Inpatient services</td>
<td>10% <strong>coinsurance</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>30% <strong>coinsurance</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Office visits</td>
<td>10% <strong>coinsurance</strong></td>
<td>Primary Care or Specialist benefit levels apply for initial visit to confirm pregnancy.</td>
</tr>
<tr>
<td></td>
<td>Childbirth/delivery professional services</td>
<td>10% <strong>coinsurance</strong></td>
<td>Depending on the type of services, a copayment, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).</td>
</tr>
<tr>
<td></td>
<td>Childbirth/delivery facility services</td>
<td>10% <strong>coinsurance</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>30% <strong>coinsurance</strong></td>
<td></td>
</tr>
<tr>
<td><strong>If you are pregnant</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Home health care</td>
<td>10% <strong>coinsurance</strong></td>
<td>$500 penalty for no precertification. 16 hour maximum per day</td>
</tr>
<tr>
<td></td>
<td>Rehabilitation services</td>
<td>10% <strong>coinsurance</strong>/visit</td>
<td>$500 penalty for failure to precertify speech therapy services.</td>
</tr>
<tr>
<td></td>
<td>Habilitation services</td>
<td>Not covered</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Skilled nursing care</td>
<td>10% <strong>coinsurance</strong></td>
<td>$500 penalty for no precertification. Coverage is limited to 100 days annual max.</td>
</tr>
<tr>
<td></td>
<td>Durable medical equipment</td>
<td>10% <strong>coinsurance</strong></td>
<td>$500 penalty for no precertification.</td>
</tr>
<tr>
<td></td>
<td>Hospice services</td>
<td>10% <strong>coinsurance</strong>/inpatient; 10% <strong>coinsurance</strong>/outpatient services</td>
<td>$500 penalty for no precertification.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>30% <strong>coinsurance</strong>/inpatient; 30% <strong>coinsurance</strong>/outpatient services</td>
<td></td>
</tr>
<tr>
<td><strong>If you need help recovering or have other special health needs</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Children's eye exam</td>
<td>No charge</td>
<td>Under Age 18: Coverage is limited to one exam per 12 months.</td>
</tr>
<tr>
<td></td>
<td>Children's glasses</td>
<td>Not covered</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Children's dental check-up</td>
<td>Not covered</td>
<td>None</td>
</tr>
</tbody>
</table>
### Excluded Services & Other Covered Services:

**Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)**

- Cosmetic Surgery
- Dental Care (Adult)
- Dental Care (Children)
- Habilitation Services
- Long Term Care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
- Routine Foot Care
- Weight Loss Programs

**Other Covered Services (Limitations may apply to these services. This isn’t a complete list. Please see your plan document.)**

- Acupuncture (if prescribed for rehabilitation purposes)
- Bariatric Surgery
- Chiropractic Care
- Hearing aids (1 devices per 36 months, through age 18)
- Infertility treatment (in-network only)
- Routine eye care (Adults-one eye exam per 24 months)
Your Rights to Continue Coverage:
There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:
There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For questions about your rights, this notice, or assistance, you can contact Cigna Customer service at 1-800-Cigna24. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes
If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:
Spanish (Español): Para obtener asistencia en Español, llame al 1-800-244-6224.
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-244-6224.
Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-800-244-6224.
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijgo holne’ 1-800-244-6224.

----------------------To see examples of how this plan might cover costs for a sample medical situation, see the next section.---------
About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible: $1,500
- Specialist copayment: $0
- Hospital (facility) coinsurance: 10%
- Other coinsurance: 10%

This EXAMPLE event includes services like:
- Specialist office visits (prenatal care)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- Diagnostic tests (ultrasounds and blood work)
- Specialist visit (anesthesia)

<table>
<thead>
<tr>
<th>Total Example Cost</th>
<th>$12,800</th>
</tr>
</thead>
</table>

In this example, Peg would pay:

<table>
<thead>
<tr>
<th>Cost Sharing</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Deductibles</td>
<td>$1,500</td>
</tr>
<tr>
<td>Copayments</td>
<td>$0</td>
</tr>
<tr>
<td>Coinsurance</td>
<td>$1,000</td>
</tr>
</tbody>
</table>

What isn't covered:
- Limits or exclusions: $10
- The total Peg would pay is: $2,510

### Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible: $1,500
- Specialist copayment: $0
- Hospital (facility) coinsurance: 10%
- Other coinsurance: 10%

This EXAMPLE event includes services like:
- Primary care physician office visits (including disease education)
- Diagnostic tests (blood work)
- Prescription drugs
- Durable medical equipment (glucose meter)

<table>
<thead>
<tr>
<th>Total Example Cost</th>
<th>$7,400</th>
</tr>
</thead>
</table>

In this example, Joe would pay:

<table>
<thead>
<tr>
<th>Cost Sharing</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Deductibles</td>
<td>$1,500</td>
</tr>
<tr>
<td>Copayments</td>
<td>$0</td>
</tr>
<tr>
<td>Coinsurance</td>
<td>$500</td>
</tr>
</tbody>
</table>

What isn't covered:
- Limits or exclusions: $200
- The total Joe would pay is: $2,200

### Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The plan's overall deductible: $1,500
- Specialist copayment: $0
- Hospital (facility) coinsurance: 10%
- Other coinsurance: 10%

This EXAMPLE event includes services like:
- Emergency room care (including medical supplies)
- Diagnostic test (x-ray)
- Durable medical equipment (crutches)
- Rehabilitation services (physical therapy)

<table>
<thead>
<tr>
<th>Total Example Cost</th>
<th>$1,900</th>
</tr>
</thead>
</table>

In this example, Mia would pay:

<table>
<thead>
<tr>
<th>Cost Sharing</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Deductibles</td>
<td>$1,500</td>
</tr>
<tr>
<td>Copayments</td>
<td>$0</td>
</tr>
<tr>
<td>Coinsurance</td>
<td>$40</td>
</tr>
</tbody>
</table>

What isn't covered:
- Limits or exclusions: $0
- The total Mia would pay is: $1,540

The plan would be responsible for the other costs of these EXAMPLE covered services.

Plan Name: 7039568-Choice Fund HSA Enhanced  Ben Ver: 10  Plan ID: 7039568
Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)

Proficiency of Language Assistance Services

**English** – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

**Chinese** – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

**Vietnamese** – XIN LƯU Ý: Quý vị có thể sử dụng dịch vụ hỗ trợ ngôn ngữ, miễn phí, dành cho bạn. Đối với khách hàng hiện tại của Cigna, hãy liên hệ với số điện thoại ở mặt sau thẻ hội viên. Nếu không phải khách hàng hiện tại của chúng tôi, liên hệ qua số 1.800.244.6224 (TTY: quay số 711).

**Korean** – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711) 번으로 전화해주십시오.


**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

**French Creole** – ATANSYON: Gen sèvis ëd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** – ATTENTION: Des services d’aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d’identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

**Japanese** – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224（TTY: 711）まで、お電話にてご連絡ください。

**Italian** – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie bitte 1.800.244.6224 an (TTY: Wählen Sie 711).

**Persian (Farsi)** – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلي Cigna، لطفاً با شماره‌های که در 1.800.244.6224 (شماره تلفن ویژه ناشنوایان: شماره 711 و شماره‌گیری کنید) در این بخش بلند شده، تماس بگیرید.